

Resources for Financial Help (For Treatment)



What is financial help for treatment?

Financial help for treatment refers to any type of financial assistance or support that can help individuals pay for medical treatment or services they need, including mental health treatment. Financial help can come in many different forms.

HERE ARE SOME FINANCIAL RESOURCES:

NAME	CONTACT	DESCRIPTION
Washington State Health Care Authority	Phone: (800) 562-3022 Web: hca.wa.gov	The Washington State Health Care Authority oversees Washington's Medicaid program and can help connect individuals with low-cost or free mental health services. They also offer information about other programs, such as the Washington Recovery Help Line, which provides support and resources for individuals and families affected by mental health issues and substance abuse.
Community Mental Health Programs	Web: doh.wa.gov/ForPublicHealthandHealthcareProviders/Healthcare	Washington state has a network of community mental health programs that provide low-cost or free mental health services to individuals and families in need. These programs offer a range of services, including therapy, medication management, and crisis intervention.
Open Path Psychotherapy Collective	Web: openpathcollective.org	Open Path is a national non-profit that connects individuals with affordable mental health services. They have a network of therapists in Washington state who offer low-cost therapy sessions to individuals who can't afford traditional therapy fees.
Washington State Prescription Drug Program	Phone: (800) 913-4146 Web: hca.wa.gov/prescription-drugs	The Washington State Prescription Drug Program offers discounts on prescription medication for individuals who are uninsured, underinsured, or have high prescription costs. This program can help reduce the cost of mental health medications, such as antidepressants and antipsychotics.

Resources Continued

NAME	CONTACT	DESCRIPTION
Washington State Office of the Insurance Commissioner	Phone: (800) 562-6900 Web: insurance.wa.gov	<p>The Washington State Office of the Insurance Commissioner provides information and assistance to individuals who are having trouble navigating their insurance coverage or who have been denied coverage for mental health services.</p> <p>They can also help individuals understand their rights under state and federal law related to mental health coverage.</p>
National Alliance on Mental Illness (NAMI) Washington	Phone: (800) 950-NAMI (6264) Web: namiwa.org	<p>NAMI Washington is a non-profit organization that provides support, education, and advocacy for individuals and families affected by mental illness.</p> <p>They offer a variety of resources, including support groups, educational programs, and a helpline staffed by trained volunteers.</p>